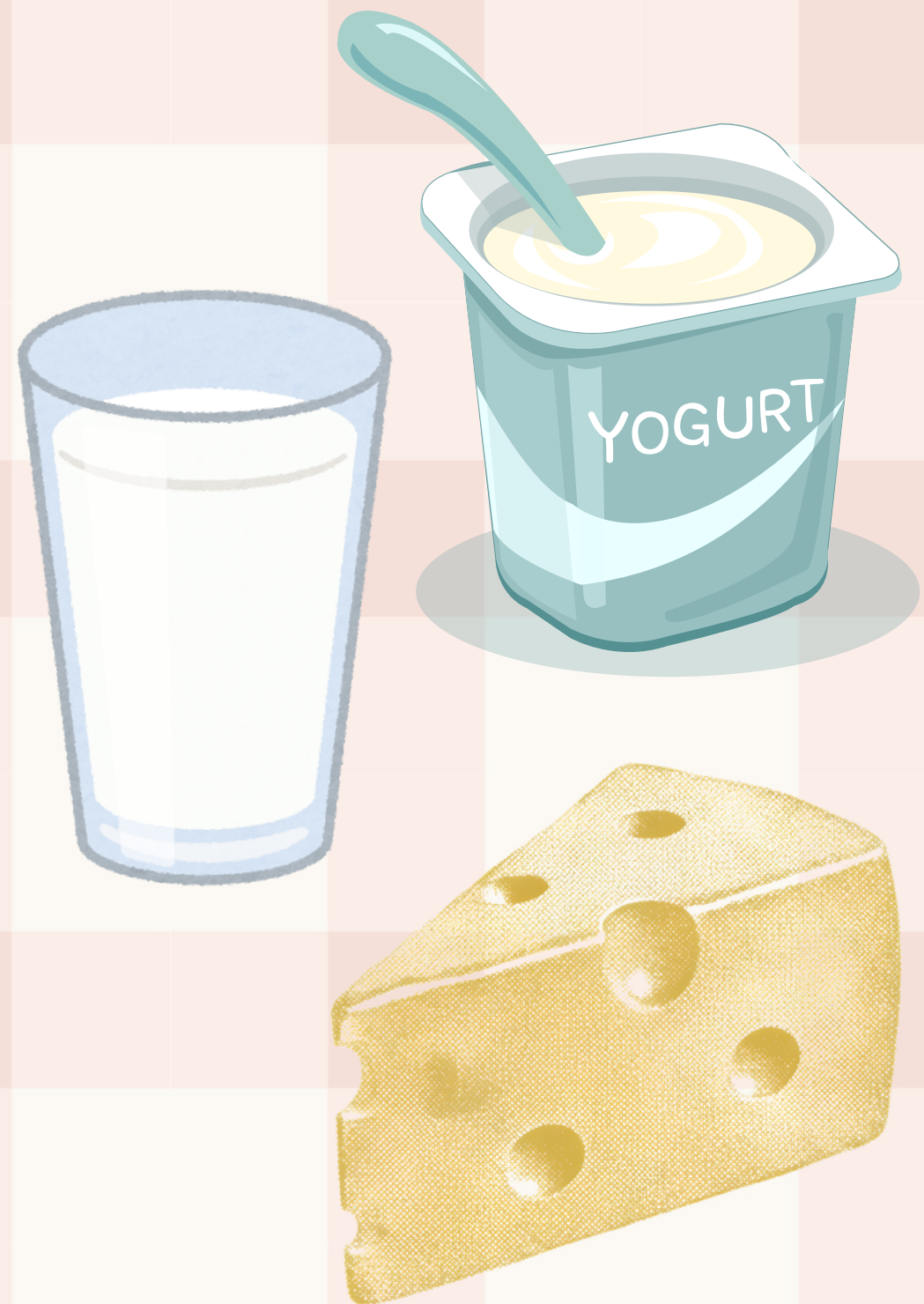


DESAYUNO SALUDABLE

LUNES

LÁCTEOS

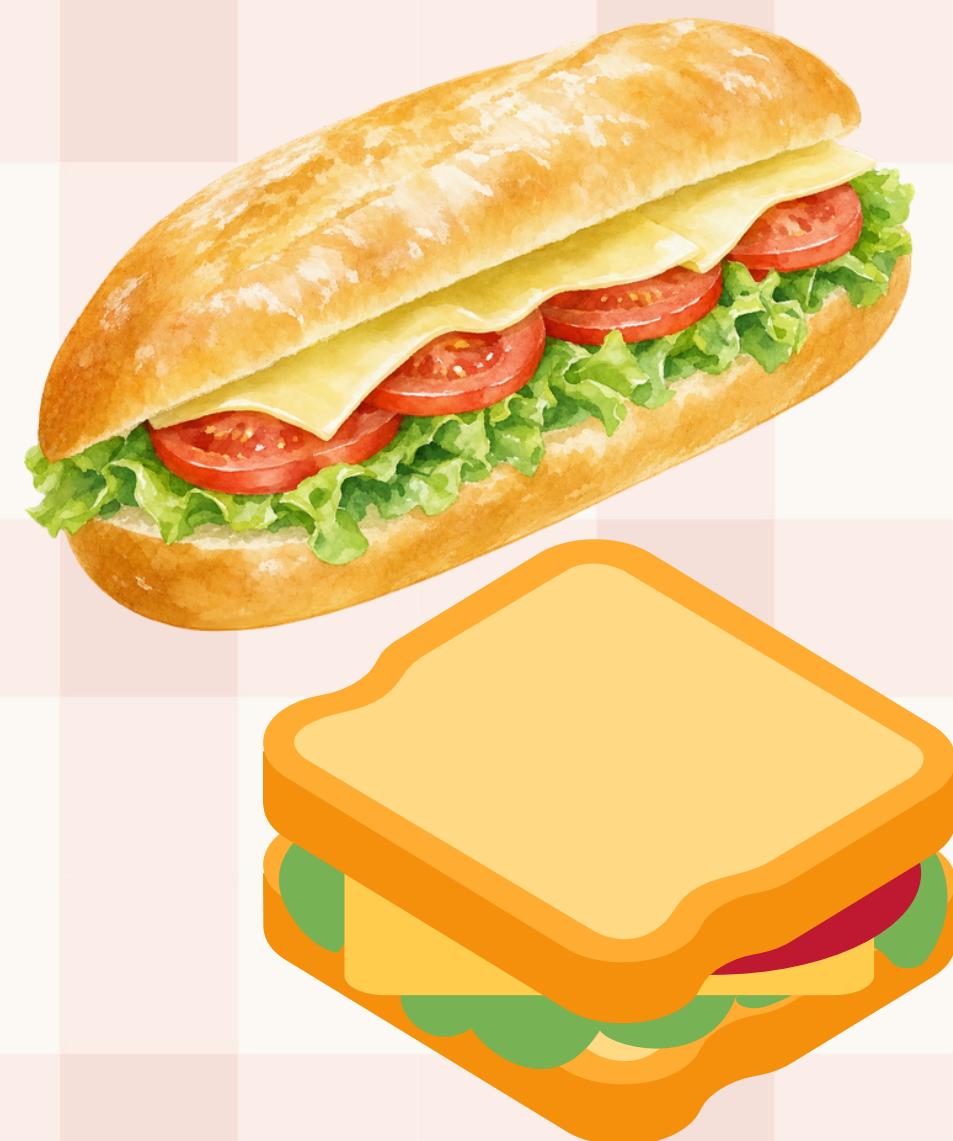


MARTES

BOCADILLO

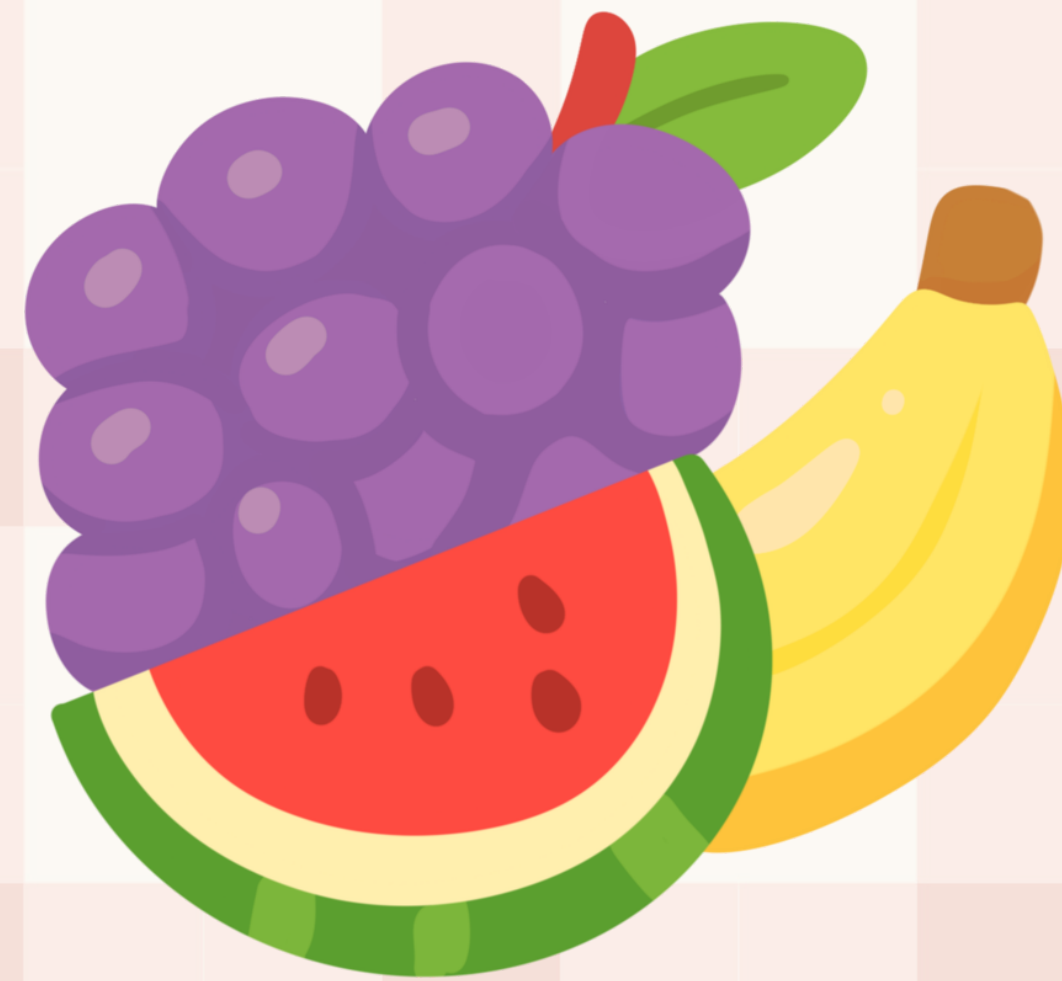
O

SANDWICH



MIÉRCOLES

FRUTA



RECUERDA QUE:

Pequeños hábitos,
grandes beneficios.



JUEVES

ZUMO

Y

GALLETAS



VIERNES

LIBRE,

PERO

SALUDABLE

